



### Information sheet for Certificate in Counselling Skills (CSKL2) Fast Track

#### **What are the course dates?**

The course will start on the date that you select and runs for 15 weeks, meeting on the same day every week. There are two half-term breaks during the course.

#### **Where does the course happen?**

We meet once a week at the OduDua Housing Association, 83 Kingsgate Road, NW6. Venue may be subject to change according to student requirements - you would be informed before the course begins if this was the case - all of our teaching venues are within the NW6 area.

#### **How do I apply?**

You need to fill in a short application form and send it back to us, if we have any questions, we'll get in touch as soon as possible. You will hear back from us about your place, within 3 days.

If we are offering you a place, you will need to make a deposit of 20% of the course fee\* to secure that place. Or you can pay in full at this point.

#### **How much is it?**

The cost of the course is £750

#### **Can I get a discount or reduced fee?**

Unfortunately, we are unable to provide discounts or reduced fees for any of our courses. External bodies may be able to provide assistance and it may be worthwhile researching to see if you are eligible for any grants or loans. We are happy to supply information in support of such applications where possible.

## Can I pay in instalments?

Yes!

We ask for 40% of the course fee to be paid before you start, this includes your 20% deposit.

30% is due once you have attended a third of the course and the final 30% is due once you are two thirds into the course.

## How do I pay?

We take payments by bank transfer. We are also able to accept credit card payments if preferred. Please email Peter on [admin@nwlct.london](mailto:admin@nwlct.london) if you require more information on this.

## What is the course about?

This course is about the skills counsellors use and how you can use them in your working/ daily life to provide other people with a safe, encouraging listening space. We touch upon all the basic skills you would need.

It won't qualify you as a counsellor but it will give you a good idea about what counselling work involves and help you to decide if you want to go ahead and do the full training. On the course, you will learn:

Listening skills	Blocks to listening
Limits of your ability as helpers	Boundaries & confidentiality
Physical environment	Responding skills
Questions	Feedback
Core conditions	Working with difference
Stages of relationships	Self awareness
Self-review and action planning	Endings

## Are there specific requirements for joining?

You don't have to have done any prior counselling courses, you do need level 2 English written and spoken skills. If you haven't been in formal learning for a while, don't worry, the tutors will support you as you ease back into a classroom environment.

### **How am I going to be assessed?**

There are 2 parts to the qualification, Part 1 is the external assessment which we sit towards the end of the course, we will do lots of practice and sit a mock assessment to give you an example of what to expect. Part 2 is the Portfolio of evidence that you will gather. You will work towards:

- 12 Learning logs.
- 4 Feedbacks from peers in your skills practice.
- 2 Feedbacks from tutor in your skills practice.
- 3 Your review of self - how do you think you are doing?
- 2 Assignments.

### **How do I find out if I can get some support for my learning?**

When we receive your application form, one of our tutors will review it and let us know if you are accepted onto the course. If you have marked down that you might need extra support, that tutor will get in contact with you to talk through what we can do to help your learning.

### **When I've finished, what course can I do next?**

You can take the Certificate in Counselling Studies Level 3 (CSTL3) this course gives you in-depth knowledge of the legal and practical elements of counselling others. You will create an agency with your peers and carry out 3 week counselling contracts with clients, you will get supervision and support to enhance your learning.

### **Any other questions?**

We understand that the counselling training landscape is complicated and often presents a significant barrier to entry for potential students. All of our tutors are qualified and accredited counsellors who have previously completed the CPCAB training program. One of our aims at NWLCT is to help those entering the field to understand the demands and pathway through their training - to assist with this we offer all students a phone call with one of our tutors so they can discuss your specific situation and needs. If you wish to book in a phone call then please send an email to [admin@nwlct.london](mailto:admin@nwlct.london) and Peter will be able to assist you.

More details about us and our courses can be found on our website: [www.nwlct.london](http://www.nwlct.london).

\*Non-refundable deposit to cover administration fees and awarding body registration in instance of non-continuation.